

# MASTER OF COUNSELING





Oregon State University

# PROGRAM DETAILS

Our nationally accredited counseling program enables graduates to deliver professional counseling services in a clinical mental health or school setting. The program is distinguished by exceptional hybrid instruction, a cohort model where students form strong bonds and progress together, and both academic knowledge and theory. The experience of closely supervised practicum and internships build competence in counseling skills and in personal growth.

## CONCENTRATIONS

### Clinical Mental Health Counseling

This concentration leads to a Master of Counseling degree in Clinical Mental Health Counseling. The program is designed for those who want to help people live the quality of life they desire, providing you the theory and practice to deliver professional counseling services in a clinical mental health setting.

### School Counseling

This concentration leads to a Master of Counseling degree in School Counseling. Degree graduates are eligible for licensure as a school counselor from TSPC and CACREP. OSU's master's program is focused on preparing you to utilize skills in individual and group counseling, consultation and system change, leadership, advocacy and action research to: Deliver comprehensive school counseling program services to all students and increase college-going rates among under-represented populations

## ACCREDITATION

The counseling program is accredited by the Council for Accrediting Counseling and Related Educational Programs (CACREP), the gold standard in graduate counseling programs.

## PART-TIME

The Master of Counseling program is offered as a part-time option that spans three years. The programs begin in June of each year. Students will take an average of two classes per term. The in-class portion takes place two Friday/Saturdays each quarter in Corvallis, OR.

### Practicum and Internship

The coursework for this program integrates academic knowledge and theory with counseling practice and internships. In addition to coursework, students complete a 100-hour practicum and a 600-hour internship. The master's level internship in the final year is intensive and typically requires 15-20 hours per week.

Completion of this degree meets academic eligibility requirements for School Counselor Licensure from the Oregon Teacher Standards and Practices Commission and Licensed Professional Counselor from the Oregon Board of Licensed Professional Counselors and Therapists.



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# PROGRAM DETAILS Continued

## LICENSING OPPORTUNITIES

### Licensed Professional Counselor

All MCoun graduates are eligible to apply for licensure as a Licensed Professional Counselor (LPC) from the Oregon Board of Licensed Professional Counselors and Therapists. Graduate counseling students are eligible to take the National Counselor Examination during the last quarter of their degree program. The results of this examination and other post-degree experiences required by OBLPCT are used to earn LPC status in Oregon.

**More Information** [Oregon.gov/oblpc](https://oregon.gov/oblpc) [NBCC.org](https://nbcc.org)

### School Counselor Licenses

The school counseling program has TSPC approval to offer both preliminary and professional state licensure as a school counselor. Individual advisement by your major professor is necessary to evaluate readiness for licensure.

**More Information** [Oregon.gov/tspc](https://oregon.gov/tspc)

## INFORMATION SESSIONS

Information Sessions are held every year during the application period, October - December.

**Register for an information session at** <https://beav.es/iaE>

For additional information, scan this QR







# ADMISSIONS

## APPLICATION CHECKLIST AND ADMISSION REQUIREMENTS

- Online Application: <https://gradschool.oregonstate.edu/admissions>
- Application fee of \$75
- Official transcripts from each institution are required, including any graduate coursework or degrees completed. In-progress transcripts must document current coursework.
- Three letters of reference: It is recommended that these letters come from supervisors who can attest to the quality of your work or volunteer experience. These letters should not come from a personal counselor or family member.
- Résumé detailing
  - Educational Experience
  - Work Experience
  - Volunteer Experience
  - Diversity/Social Justice Experience
- Answer individual questions (see below for questions)
- Application Deadline is in January

### Requirements

Prior to summer term enrollment, students must demonstrate:

- ✓ Completed bachelor's degree
- ✓ Cumulative GPA of 3.0 or better (exceptions may be made; email [counsel@oregonstate.edu](mailto:counsel@oregonstate.edu) for information)
- ✓ Volunteer or paid experience in the helping professions
- ✓ Demonstrated effectiveness in oral and written communication
- ✓ Commitment to the Counseling Profession

### Interview Day

Applicants moving forward will be invited via email to participate for remote interviews in February.

### Questions for School Counseling

1. Why are you pursuing a Master's degree in School Counseling (as opposed to related degrees like a Master's degree in Social Work or Clinical Mental Health Counseling)?
2. What prompted you to do so at this point in your life?
3. What personal qualities, values and experiences make graduate study in counseling appropriate for you?
4. What experiences have shaped your beliefs about diversity, multiculturalism, social justice, and people's capacity for change?
5. Describe your areas of future professional growth as a student and as a counselor trainee.

### Questions for Clinical Mental Health Counseling

1. Why are you pursuing a Master's degree in Clinical Mental Health Counseling (as opposed to related degrees like a PsyD in Clinical Psychology, Master's degree in Social Work or School Counseling)?
2. What prompted you to do so at this point in your life?
3. What personal qualities, values and experiences make graduate study in counseling appropriate for you?
4. What experiences have shaped your beliefs about diversity, multiculturalism, social justice, and people's capacity for change?
5. Describe your areas of future professional growth as a student and as a counselor trainee.

Write the responses in your own form and style.



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# CURRICULUM

## CORE COURSES

COUN 511 Pre-Practicum  
COUN 512 Practicum  
COUN 529 Developmental Perspectives  
COUN 534 Social/Cultural Perspectives  
COUN 535 Addictions  
COUN 542 Counseling Profession  
COUN 553 Theory I  
COUN 554 Theory II  
COUN 561 Research  
COUN 565 Appraisal  
COUN 566 Career Counseling  
COUN 572 Group Counseling  
COUN 573 Family Counseling  
COUN 574 Crisis, Grief & Loss  
COUN 576 Diagnosis & Treatment  
COUN 583 Cross Cultural Counseling

## CLINICAL MENTAL HEALTH TRACK (90 CREDITS)

COUN 515 Internship  
COUN 521 Professional Practice in Clinical Mental Health Counseling  
COUN 550 Foundations of Mental Health  
Counseling COUN 593 Supervision and Consultation

## SCHOOL COUNSELING TRACK (90 CREDITS)

COUN 515 Internship  
COUN 538 Supporting Diverse Populations in K-12  
COUN 546 Leadership of School Counseling  
COUN 594 Consultation and Supervision

## TUITION

\$590/Credit

***Tuition Information based on 2023-2024 tuition and fees. Tuition and fees are reassessed and typically increase each academic year. Numbers are based on current curriculum requirements and are subject to change. Includes tuition only. Does not include books, housing or other expenses.***





# SAMPLE SCHEDULES

\*Schedules subject to change



## SAMPLE CLINICAL MENTAL HEALTH COUNSELING OPTION

### YEAR 1

#### SUMMER

COUN 529 Developmental Perspectives (4cr)

COUN 542 Counseling Profession (4cr)

#### FALL

COUN 534 Social/Cultural Perspectives (4cr)

COUN 561 Research Methods (4cr)

#### WINTER

COUN 565 Appraisal (4cr)

COUN 553 Theory I (4cr)

#### SPRING

COUN 554 Theory II (4cr)

COUN 566 Career Counseling (4cr)

### YEAR 2

#### SUMMER

COUN 550 Foundations of Mental Health Counseling (3cr)

COUN 572 Group Counseling 4cr)

#### FALL

COUN 574 Crisis, Grief & Loss (4cr)

COUN 535 Addictions (4cr)

#### WINTER

COUN 511 Pre-Practicum (4cr)

COUN 576 Diagnosis & Treatment (4cr)

#### SPRING

COUN 512 Practicum (4cr)

COUN 573 Family Counseling (4cr)

### YEAR 3

#### SUMMER

COUN 512 Practicum (4cr)

COUN 583 Cross Cultural Counseling (4cr)

#### FALL

COUN 515 Internship (3cr)

COUN 593 Supervision and Consultation (4cr)

#### WINTER

COUN 515 Internship (4cr)

COUN 521 Professional Practice in Clinical Mental Health Counseling (3cr)

#### SPRING

COUN 515 Internship (5cr)

## SAMPLE SCHOOL COUNSELING OPTION

### YEAR 1

#### SUMMER

COUN 529 Developmental Perspectives (4cr)

COUN 542 Counseling Profession (4cr)

#### FALL

COUN 534 Social/Cultural Perspectives (4cr)

COUN 561 Research Methods (4cr)

#### WINTER

COUN 565 Appraisal (4cr)

COUN 553 Theory I (4cr)

#### SPRING

COUN 554 Theory II (4cr)

COUN 566 Career Counseling (4cr)

### YEAR 2

#### SUMMER

COUN 511 Pre-Practicum (4cr)

COUN 572 Group Counseling (4cr)

#### FALL

COUN 512 Practicum (4cr)

COUN 574 Crisis, Grief & Loss 4cr)

#### WINTER

COUN 512 Practicum (4cr)

COUN 576 Diagnosis & Treatment (4cr)

#### SPRING

COUN 535 Addictions (4cr)

COUN 573 Family Counseling (4cr)

### YEAR 3

#### SUMMER

COUN 546 Leadership of School Counseling (3cr)

COUN 583 Cross Cultural Counseling (4cr)

#### FALL

COUN 515 Internship (3cr)

COUN 594 Consultation and Supervision (4cr)

#### WINTER

COUN 515 Internship (4cr)

COUN 538 Supporting Diverse Populations in K-12 (3cr)

#### SPRING

COUN 515 Internship (5cr)

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